



Pumpkins contain potassium and Vitamin A.



Pumpkin flowers are edible.

The largest pumpkin pie ever made was over five feet in diameter and weighed over 350 pounds. It used 80 pounds of cooked pumpkin, 36 pounds of sugar, 12 dozen eggs and took six hours to bake.



In early colonial times, pumpkins were used as an ingredient for the crust of pies, not the filling.



Pumpkins were once recommended for removing freckles and curing snake bites.

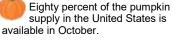


The largest pumpkin ever grown weighed 1,140 pounds.

The Connecticut field variety is the traditional American pumpkin.



Pumpkins are 90 percent water.



Native Americans used pumpkin seeds for food and medicine.



That pumpkins grow all over the world? Six of the seven continents can grow pumpkins including Alaska! Antarctica is the only continent that they won't grow in.



## Current Project

Volume X Issue X October 2019

Artistry meets function comes to mind when looking at the finished product of one of our latest projects. The homeowner constructed a new garage close to the house with one objective being minimal disturbance of the surrounding woods. We welcome this type of challenge because it gives us opportunity to exercise some creativity when rebuilding the landscape. The retaining wall adja-

cent to the drive was masterfully crafted vertically to give a large tree max root zone room and tapered to provide plant pockets for visual interest. Roof water was handled on the ground and incorporated with site surface drainage and pedestrian circulation. All this was done in a tight space and in a manner that







www.AppalachianNaturescapes.com





